

Rozeve 500 Softgel

**Evening Primrose Oil B.P. 500mg +
Natural Vitamin E 150mg Softgel**

Category:

**Herbal Supplement / Nutritional
Supplement**

Dosage Form:

Softgel Capsule

Strength:

- **Evening Primrose Oil (B.P.): 500 mg**
 - **Natural Vitamin E: 150 mg**
-

Description:

This combination softgel contains Evening Primrose Oil and Natural Vitamin E, two powerful ingredients that provide a range of health benefits, particularly for skin health, hormonal balance, and overall well-being.

- **Evening Primrose Oil (EPO) is known for its rich content of Gamma-Linolenic Acid (GLA), a rare essential fatty acid that supports various body functions, including skin health, reducing inflammation, and promoting hormonal balance.**

- **Natural Vitamin E is a potent antioxidant that helps in protecting cells from oxidative damage, supports skin health, and aids in reducing signs of aging.**
-

Composition (per softgel):

- **Evening Primrose Oil (B.P.): 500 mg**
 - **Natural Vitamin E: 150 mg (equivalent to 200 IU of Vitamin E)**
 - **Inactive ingredients: Gelatin, glycerin, purified water.**
-

Indications:

- **Skin Health: Supports healthy skin by promoting hydration and elasticity. It can be beneficial for conditions like eczema, acne, or psoriasis.**
- **Hormonal Balance: Useful in managing symptoms related to hormonal imbalances, particularly in women, such as premenstrual syndrome (PMS), menstrual cramps, and menopausal symptoms.**
- **Antioxidant Support: Vitamin E helps in neutralizing free radicals and supports overall cellular health.**
- **Inflammation Management: The GLA in Evening Primrose Oil may help reduce inflammation, making it beneficial for inflammatory conditions like rheumatoid arthritis.**

- **General Well-being:** Helps improve energy levels and supports a healthy immune system.
-

Mechanism of Action:

- **Evening Primrose Oil:** Contains Gamma-Linolenic Acid (GLA), an omega-6 fatty acid that plays a key role in the production of prostaglandins. These help to reduce inflammation and regulate hormonal functions. Evening Primrose Oil supports skin cell regeneration, which aids in the treatment of eczema and dry skin.
 - **Natural Vitamin E:** Acts as a potent antioxidant, protecting cells from oxidative stress caused by free radicals. This helps in preventing premature aging and supports skin health. Vitamin E also plays an important role in immune function and in maintaining cardiovascular health.
-

Dosage and Administration:

- **Adults:** Take 1 softgel daily with a meal or as directed by your healthcare provider.
- For specific conditions (like hormonal imbalance or skin issues), dosage may vary as per physician's advice.

Note: The dosage may be adjusted according to individual needs or based on a healthcare provider's recommendation.

Contraindications:

- **Hypersensitivity:** Contraindicated in individuals allergic to Evening Primrose Oil or any component of the product.
 - **Pregnancy & Lactation:** While generally safe, it is best to consult with a healthcare provider before use during pregnancy or breastfeeding.
 - **Bleeding Disorders:** Evening Primrose Oil may increase the risk of bleeding, so individuals with bleeding disorders or those taking anticoagulants should use this supplement with caution.
-

Precautions:

- **Diabetes:** Vitamin E may affect blood sugar levels; therefore, diabetic patients should consult a doctor before using this supplement.
 - **Surgery:** Due to its mild blood-thinning properties, it is recommended to stop using this product at least 2 weeks before scheduled surgery.
 - **Allergies:** If you have a known allergy to plants in the *Onagraceae* family (like primroses), you should avoid Evening Primrose Oil.
-

Adverse Effects:

Common Side Effects:

- Mild gastrointestinal discomfort, nausea, or diarrhea.
- Headache or dizziness (less common).
- Skin rashes (rare).

Serious Side Effects (Rare):

- **Allergic reactions:** Swelling, itching, or difficulty breathing. Seek immediate medical attention if these symptoms occur.
 - **Bleeding or bruising:** As Vitamin E has mild anticoagulant properties, excessive intake may lead to bleeding or bruising.
-

Drug Interactions:

- **Anticoagulants & Antiplatelet Drugs (e.g., Warfarin, Aspirin):** May enhance the effects of these medications, increasing the risk of bleeding.
 - **Chemotherapy Drugs:** Vitamin E may interact with certain chemotherapy medications. Discuss with your doctor if you're undergoing cancer treatment.
 - **Corticosteroids:** The combination of Evening Primrose Oil and corticosteroids may increase the risk of side effects such as bleeding.
-

Storage Instructions:

- **Store in a cool, dry place (below 25°C).**
 - **Keep away from moisture and direct sunlight.**
 - **Keep out of reach of children.**
 - **Do not use after the expiration date.**
-

Key Benefits:

- **Skin Health Support:** Promotes healthy, glowing skin and may help reduce symptoms of eczema and psoriasis.
 - **Hormonal Balance:** Helps manage PMS and menopausal symptoms, as well as supporting overall hormonal health.
 - **Antioxidant Properties:** Provides antioxidant protection to cells, reducing oxidative stress and supporting overall wellness.
 - **Anti-inflammatory:** Can reduce inflammation in conditions like arthritis and other inflammatory disorders.
 - **Cardiovascular Support:** Contributes to heart health by neutralizing free radicals and maintaining healthy blood circulation.
-

Note: It is important to follow the recommended dosage and consult a healthcare provider before starting any new supplement, especially if you are pregnant, breastfeeding, or taking other medications. Regular monitoring may be needed for individuals with certain medical conditions.

Manufactured in India for:

CafoliTM
L I F E C A R E

Cafoli Lifecare Pvt. Ltd.

(An ISO 9001: 2015 Certified Co.)

Plot no.: 367-FF, Industrial Area Phase-I,

Panchkula-134113

TM: Trademark Applied for